

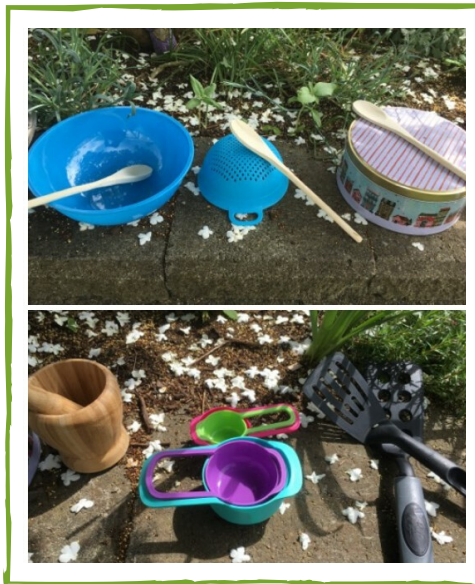
# Play to Learn

## Kitchen Band



### What ?

- 1) Create a 'band' using items found in your kitchen
- 2) Sing songs and play along
- 3) Read a story like "Mortimer" by Robert Munsch (or watch this video of Miss Diana telling the story and making a lot of noise! - <https://youtu.be/L0gbyh3alu0>)



### How?

- collect household items that you can use to make sounds (spoons, pots and pans, cooking utensils, plastic containers)
- have your child experiment with the different sounds they can make
- ask your child about the sounds ("Was it loud or quiet?", "Did it make a long noise, or a short, quick noise?", "What else makes that sound?")
- explore different ways to make music (drumming, tapping, shaking, beating)
- sing songs together and see if you can keep the rhythm
- start a band (play music to your favourite songs or create your own)



### Why?

- \*promotes creativity, imagination and a sense of joy
- \*children gain an understanding of cause and effect
- \*develops listening skills and auditory discrimination
- \*builds fine and gross motor skills
- \*enhances memory and recall
- \*provides emotional release

### Expand:

- 1) Find small containers (anything with a lid) and add different items from around the house (pom-poms, buttons, rocks, etc). Explore the sounds ("Which is louder?") and create a guessing game.  
(<https://youtu.be/dzyrc9gDoOc>)
- 2) For quieter play, use paper plates to create sound and music.  
(<https://youtu.be/T7EaDV0FJSA>)

